



NEW ENON BAPTIST CHURCH

BELIEVING IS SEEING!

Youth and Children's Sunday School Study

New Enon Baptist Church | John 11:14-16; 14:5-8; 20:24-29; 21:1-2 (KJV) | August 2, 2026

Memory Verse

"Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed." - John 20:29 (KJV)

Can You Believe It?

You cannot see the wind, but you can feel it. You cannot see love, but you can recognize loving actions. Faith means trusting God even when we cannot see everything with our eyes.

Who Was Thomas?

Thomas was one of Jesus' twelve disciples. He loved Jesus and was willing to follow Him into danger. Thomas also asked honest questions when he did not understand. After Jesus rose from the dead, Thomas had trouble believing because he had not seen Jesus for himself.

1. Questions can lead us to Jesus - John 14:5-6

Thomas asked how the disciples could know the way. Jesus answered, "I am the way, the truth, and the life." It is okay to ask respectful questions and look for answers in prayer and the Bible.

2. Thomas missed the first visit - John 20:24-25

Jesus appeared to the disciples, but Thomas was not there. Being with other believers matters. Church, Sunday School, and family Bible time help faith grow.

3. Jesus met Thomas with peace - John 20:26-27

Jesus returned when Thomas was present. He said, "Peace be unto you," showed Thomas His wounds, and told him to believe.

4. Thomas chose faith - John 20:28-29

Thomas said, "My Lord and my God." Jesus said people who believe without seeing Him are blessed.

What Can We Learn?

- Jesus is the way, the truth, and the life.
- We can bring honest questions to Jesus.
- Church and Sunday School help our faith grow.
- Jesus meets us with truth and peace.
- Faith trusts Jesus even when we cannot see everything.

Faith Activity

Write the word FAITH down the side of a page. Use each letter to write one reason you can trust Jesus. Example:
F - Faithful to keep His promises.

Weekly Challenge

- Read John 20:24-29 with your family.
- Pray about one question you have.
- Attend Sunday School or worship and listen for one truth about Jesus.
- Encourage a friend who is struggling to believe.

Prayer

Dear Jesus, thank You for loving us when we have questions. Help us learn from Your Word and trust You even when we cannot see everything. Give us peace, make our faith stronger, and help us say with Thomas, "My Lord and my God." In Jesus' name, Amen.

Quiz

1. Which disciple had trouble believing that Jesus had risen?

- A. Peter
- B. Thomas
- C. John
- D. Matthew

2. What did Jesus show Thomas?

- A. A crown
- B. A scroll
- C. His hands and side
- D. A fishing net

3. What did Thomas call Jesus?

- A. My Lord and my God

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- B. Only a teacher
 - C. A stranger
 - D. My neighbor

4. Who did Jesus say are blessed?

- A. Only people who saw Him
- B. Those who have not seen and yet believe
- C. Only the twelve disciples
- D. People who never ask questions

5. What should we do when we have questions about faith?

- A. Hide every question
- B. Stop attending church
- C. Bring them to Jesus, Scripture, and trusted Christian adults
- D. Believe only what we can touch

Answer Key: 1-B, 2-C, 3-A, 4-B, 5-C

What Did You Learn?
