



NEW ENON BAPTIST CHURCH

HE'S BEEN GOOD TO ME

Psalm 40:1-8 (KJV)

Pastor Bernard Hamp | July 5, 2026

SERMON STUDY GUIDE

Sermon Summary

Pastor Bernard Hamp preaches from Psalm 40:1-8 that every believer should have a personal testimony of God's goodness. David speaks in personal terms - "I," "me," and "my" - because faith becomes powerful when we remember what God has done for us. The sermon calls believers to wait patiently, not merely for a change in circumstances, but for the presence of God.

The message explains that God bends down to hear the cries of His people, reaches into the horrible pit, lifts them from the miry clay, places their feet on solid ground, and establishes their way forward. When God restores peace, joy, and hope, He puts a new song in the believer's mouth. The sermon closes by urging the church to trust God, obey His direction, keep moving forward, and remember that God's grace remains sufficient even when life does not look or feel the way we expected.

Key Sermon Notes

1. Make the testimony personal.

David's repeated use of "I," "me," and "my" shows that believers cannot live only on someone else's testimony. We should be able to tell how God has been good to us personally.

2. Wait patiently for God's presence.

Patient waiting is active trust. The believer lays down burdens, resists rushing God, remembers His track record, and expects Him to show up in His own time.

3. God hears the cry of His people.

The image of God inclining toward David shows His nearness, compassion, and personal attention. We can bring our deepest concerns directly to Him.

4. God can pull us out when we cannot free ourselves.

The horrible pit and miry clay represent spiritual, emotional, and practical places where human strength is not enough. God is able to rescue, stabilize, and redirect us.

5. God establishes our going.

After lifting David, God places him on a rock and gives him a way forward. We do not have to remain trapped by our past.

6. God gives a new song.

The song may have the same words, but restored peace and joy cause us to sing it differently. Changed lives become visible testimonies that help others trust God.

7. God wants the heart, not empty religion.

Sacrifice without love and obedience is not the goal. God desires a willing heart that delights to do His will.

8. Grace is sufficient for the journey.

Even when the path is painful, imperfect, or publicly difficult, believers can go when God says go. The present struggle is not the end of the story.

Life Application

- Remember one specific way God has been good to you and share that testimony with someone.
- Identify a burden you need to lay down while waiting patiently for God.
- Pray honestly about the place where you feel stuck and ask God to establish your next step.
- Choose obedience even when the journey does not look the way you expected.

Memory Verse

"I waited patiently for the LORD; and he inclined unto me, and heard my cry." - Psalm 40:1 (KJV)

Prayer

Lord, thank You for hearing our cries and for every way You have been good to us. Help us wait patiently for Your presence, trust Your timing, and remember Your faithfulness. Pull us from every pit, set our feet on solid ground, and establish our steps. Give us renewed joy, a fresh testimony, and willing hearts that delight to do Your will. In Jesus' name, Amen.

Study Questions

Choose the best answer for each question.

1. Why did Pastor Hamp emphasize David's use of "I," "me," and "my"?

- A. David wanted all the attention
- B. A testimony should be personal
- C. David was speaking only to himself
- D. David did not trust anyone

2. In the sermon, waiting patiently means primarily waiting for what?

- A. More possessions
- B. Other people to change
- C. God's presence
- D. A perfect situation

3. What does God do after bringing David out of the pit?

- A. Sends him back
- B. Places his feet on a rock and establishes his way
- C. Leaves him alone
- D. Removes every future problem

4. What makes the "new song" different?

- A. It must have new lyrics
- B. It must be sung louder
- C. The restored heart and testimony of the singer
- D. It must be sung by a choir

5. According to the sermon, what does God desire more than empty sacrifices?

- A. A willing heart that loves and obeys Him
- B. Public recognition
- C. Perfect appearance
- D. Material success

Personal Reflection

How has God been good to you, and what step of faith is He calling you to take now?

Name: _____ Date: _____

Answer Key: 1-B, 2-C, 3-B, 4-C, 5-A

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